



Dear Parent,

The teaching methodology for Pre-Primary section is activity based. Hereby, we provide you with a list of activities that can be conducted at home under the guidance / supervision of parents. These activities can be carried out with the readily available materials at home. The ultimate aim of teaching is also achieved by carrying out these activities, and it will be shared twice a week.

Kindly requesting parents to share photographs of your ward doing these activities.

### SHINE ME

- Take a tiny amount of toothpaste on the toothbrush.
- Wet the toothbrush.
- Brush the teeth in upward and downward motion.
- Rinse the mouth thoroughly with water.
- Advantage – It helps to keep the teeth clean and prevents its decay and bad breath.



### DAILY SHOWER

- Fill lukewarm water in a bath tub or bucket.
- Pour water, apply soap and scrub all the parts of the body.
- Please don't forget to clean in between the toes
- Also wash the hair with shampoo.
- Advantages – Helps to keep the body and hair clean.



## BITTER ABOUT LITTER

- Parents need to keep a waste paper basket in the living room.
- Instruct the children to put the waste paper, empty juice bottles, chips packets and chocolate wrappers in the bin.
- Advantage – It develops civic sense among the children.



## CLEANLINESS IS NEXT TO GODLINESS

- Parents must instruct their child to wash their hands with an alcohol based sanitizer.
- Scrub for 20 seconds. Sing the 'Happy Birthday' song twice.
- Advantage – Keeps the hands free from germs and harmful bacteria and keeps diseases away.

